

Safe Medication Disposal

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.



80%+

Of older adults (ages 57 to 85 years) use at least one prescription medication daily¹



16 million

Americans aged 12 or older misuse prescriptions in a year¹



62%

Of teens report misusing prescription medications because they can access them from their parent's medicine cabinets¹

Proper disposal of unused medications saves lives.

O'BRIEN COUNTY

Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for instructional videos!

DisposeRx ®

- 1) Remove prescription label, open bottle and fill 2/3 with water.
- 2) Empty packet of DisposeRx ® into the bottle, replace cap.
- 3) Shake for 30 seconds then throw bottle in trash.



<https://disposerx.com/page/5/product-and-program#video> (Link)

Deterra ® Drug Deactivation System

- 1) Pour medication in Deterra ® pouch and fill 1/2 with water.
- 2) Wait 30 seconds, seal, shake and dispose in trash.



<https://deterasystem.com/resources/videos/> (Link)

Drop-Off Locations

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

+ Hartley Hometown Pharmacy
 130 3rd St NE
 Hartley, IA 51346
 712-928-7070

+ Lewis Family Drug #52
 610 Park St
 Sheldon, IA 51201
 712-324-4331

+ Thrifty White Pharmacy #077
 127 N Main St
 Paullina, IA 51046
 712-949-3490

+ Hy-Vee Pharmacy #1573
 1989 Park St
 Sheldon, IA 51201
 712-324-0020

+ Sanford Sheldon Medical Center
 118 N 7th Ave
 Sheldon, IA 51201
 712-324-5041